

# VelaShape™

at Obagi MediSpa

Kim and Khloe Kardashian have done it. So has Real Housewife of Atlanta, Kim Zolciak. There are even rumors that A-listers like Jennifer Aniston have used it to look better in a bikini. We ask Dr. Leandro Junqueira, Plastic Surgeon at Obagi MediSpa, about VelaShape™ - the new generation of cellulite and fat reduction program.



**Q How does VelaShape™ work?**

In technical terms the VelaShape™ treatments offered at Obagi MediSpa use the combined energy and force of bi-polar Radio Frequency and Infrared energy to precisely target fatty tissues and help reduce fat collecting under the skin.

At the same time the vacuum and specially designed mechanical massage rollers smooth out the skin to create a smoother and tighter figure. With continued treatment, you will see a decrease in the appearance of stubborn and resistant cellulite, a smoother and tighter figure and a circumferential reduction with noticeable reshaping of the treated area.

**Q What are the VelaShape™ advantages compared to other methods?**

The advantage is the technology. Today, there are no other methods available that include a combination of Bi-Polar radio frequency, Infrared Light, the Vacuum and Mechanical Massage like VelaShape™, and no other method can guarantee the clinically proven results, efficacy and safety in 4 treatments as the VelaShape™. VelaShape™ is the only non-surgical medical device cleared by the FDA for circumferential reduction.

**Q How many sessions are required for optimum results?**

Ideally, 4-6 treatment sessions of VelaShape™ are recommended per area for optimal results. Maintenance sessions are also recommended for long-lived results.

**Q How long does a single treatment take?**

Depending on the area being treated a session can take between 30-60 minutes.

**Q On what body areas can I be treated for Circumference Reduction?**

With its dual applicators, VSmooth and VContour, specially designed to target small and large body parts, VelaShape™ is capable of treating multiple problem areas such as thighs, buttocks, abdomen and arms.

**Q How many inches can I reduce from my circumference?**

In clinical studies, 85% of the treated areas have reported circumferential reduction ranging from 1cm up to 7.2cm in reduction.

**Q How quickly will I notice a change?**

You can see the results as early as the first VelaShape treatment - with the skin surface of the treated area feeling smoother, firmer and tighter. Results in Circumference and visible Cellulite Reduction will be most apparent 6-8 weeks into the treatment.

**Q Does the treatment hurt?**

Most patients find VelaShape™ treatments comfortable - like a warm deep tissue massage. The treatment is designed to accommodate your sensitivity and comfort level. It is normal to experience a warm sensation for a few hours post treatment. Your skin may also appear redder than usual for several hours.

**Q Are there any other effective methods to get rid of excess, stubborn fat?**

Everyone has a unique body composition; and desired slimming or contouring results are achieved differently from one person to another. This is why a consultation with our team of healthcare personnel is necessary to discuss the desired results and the best procedures to achieve it. In fact, Obagi MediSpa not only offers VelaShape™ - the latest technology in circumferential and cellulite reduction, but also boasts a wide array of services from medical-aesthetics, procedures and laser treatments, to fat and cellulite reduction, nutrition services and cosmetic surgical procedures.

**Q Is the treatment safe?**

FDA cleared the device as safe and effective for all skin types and colors. Short term effects can include mild bruising or redness.

**Q How will I feel after treatment?**

Post treatment skin on treated area could feel tighter. It is normal to have an inner heated sensation for up to a few hours post treatment. In some cases, mild redness can be observed.

Book your  
VelaShape™ Consultation at  
Obagi MediSpa,  
The Dubai Mall  
or call 04 339 7060.